

Claremore Public Schools

310 N Weenonah

Claremore OK 74017

Office of the Superintendent

August 26, 2009

To: Parents of Claremore Public Schools Students

Re: Flu Season

In cooperation with state and county health officials, Claremore Public Schools is issuing the following advisory to minimize the potential spread of influenza and the 2009 H1N1 (referred to as “swine flu”) virus this school year:

- Students should stay home when sick. Those with flu-like symptoms and a fever equal to or greater than 100 degrees should stay home at least 24 hours after they no longer have a fever.
- Students with ill household members should stay home.
- Hand hygiene and respiratory etiquette should be routinely stressed to students. **WASH HANDS FREQUENTLY** with soap and water; cover noses and mouths with a tissue when coughing or into a shirtsleeve or elbow if no tissue is available.
- Remind students not to share anything that could facilitate transmission, such as make-up, drinks, school supplies, etc.
- There are people who are more at-risk of 2009 H1N1 complications. Those at high risk should consult their doctor if an outbreak occurs and may want to consider staying home until it subsides. We do not have many schools in Oklahoma where all or most students are at high risk.

Claremore Public Schools will make every attempt to communicate updates to parents through flyers sent home with students, local newspaper, and the school messenger (phone message) system.

Should you have any questions or concerns, please contact your child’s school directly.

Ph: (918) 699-7300 – Fax: (918) 341-8447

<http://www.claremore.k12.ok.us>